



Want to know more about membership or how you can support us?

### CONTACT US



08144 212080 (Tuesday, Wednesday and Friday between 8.30am and 3.30pm)



[info@thameseniorfriendshipcentre.com](mailto:info@thameseniorfriendshipcentre.com)



[www.thameseniorfriendshipcentre.com](http://www.thameseniorfriendshipcentre.com)

### MAKE A DONATION

A growing percentage of our funding comes from donations and fundraising. Donations from kind supporters are vital in keeping us running. We're grateful for all donations that help us to support members of Thame Senior Friendship Centre.

You can make a donation through our website [www.thameseniorfriendshipcentre.com](http://www.thameseniorfriendshipcentre.com) or by contacting us directly.

### OTHER WAYS TO SUPPORT

**amazon smile**  
You shop. Amazon gives.

Did you know you can donate 0.5% of your eligible purchases on Amazon to a charity of your choice at no extra cost to you?  
All you have to do is shop at [smile.amazon.com](http://smile.amazon.com)

**SO**  
charitable  
lottery

Buy tickets for the South Oxfordshire Charitable Lottery which supports local charities – including us. Find out more from our website or go directly to [www.socharitable.co.uk](http://www.socharitable.co.uk)

For the latest information on how you can support us, visit [www.thameseniorfriendshipcentre.com](http://www.thameseniorfriendshipcentre.com)



**Thame Senior  
Friendship Centre**

Thame Senior Friendship Centre: Registered Charity 1039978  
Thame and District Day Centre, Thame Town Cricket Club,  
Church Meadow, Church Road, Thame, Oxfordshire, OX9 3AJ



**Thame Senior  
Friendship Centre**

Supporting our parents and grandparents  
in local communities since 1986



**Volunteer | Become a member | Donate**

## MEMBERSHIP

*Our members meet at the Thame Town Cricket Pavilion on Tuesdays, Wednesdays and Fridays from 9:30am to 3:15pm, and we're open for 50 weeks of the year.*

*Anyone over the age of 60 can apply to become a member of Thame Senior Friendship Centre. Friends, family members and healthcare professionals can also refer potential members.*

## GET INVOLVED

### Volunteer

The service we provide wouldn't be possible without our amazing team of volunteer drivers and helpers. If you want to join a sociable, caring environment that provides an invaluable service to older residents of your community then why not volunteer?

We need drivers and helpers to support the staff and other volunteers with serving drinks and lunch, activities and entertainment and providing a friendly, sociable atmosphere with time to listen and chat!

Whether you have just a few hours or the whole day to spare, please consider helping out.

### Join the Trustees

Our Trustees, all volunteers, comprise of various ages and experience across a range of occupations including nursing, healthcare management, business management and finance. The Trustees help to ensure the future of Thame Senior Friendship Centre. We also work with the Oxford Hub in supporting young volunteers who wish to learn about being a trustee and can support them to become a trustee in the future.

**If you're interested in volunteering or becoming a Trustee then we'd love to hear from you.**



## WHAT CAN MEMBERS EXPECT?



### A lift there and back

One of our friendly volunteer drivers will collect you and take you home again. There may be a small additional cost for those living further afield but the cost is usually covered by the membership fee.



### Getting out and meeting friends

Thame Senior Friendship Centre is a vibrant place full of chatter and activity - where new friendships are made and old ones renewed. The Centre provides you with a regular opportunity to socialise away from home.



### Keeping active and busy

We usually start the day with a relaxing hour or so of catching up with friends and provide a variety of fun activities to stimulate you and encourage you to socialise and join in as much as you wish.



### Good food

We provide hot and cold drinks and serve a hot two-course lunch, catering for individual dietary needs. We also offer a glass of Sherry to be enjoyed by members, biscuits and often cake when we're celebrating.



### Entertainment

Entertainers and speakers may join us after lunch or we run our own quizzes and indoor games to keep you entertained and involved. We also have at least two outings a year including our Christmas lunch.

## HOW TO BECOME A MEMBER

You can download the application form from our website [www.thameseniorfriendshipcentre.com](http://www.thameseniorfriendshipcentre.com) or if you wish to talk to a member of our team you can call us on **01844 212080**. Tuesday, Wednesday and Friday between 8.30am and 3.30pm.

